**Coaching Session Feedback Form**

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| **Coach:** | **David Cox** |
| **Reviewer (Client):** |  |
| **Date of Feedback:** | **x/xx/2024** |
| **Were you pleased with the Session? (Yes or No)** | **Yes** |

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| ICF Competency | Competency Description | **Reviewer Comments** |
| **1. Establishes and Maintains Agreements** | *Coach created a clear agreement about the coaching relationship, process, plans and goals. Established agreements for the overall coaching engagement as well as for each coaching session.* |  |
| **2. Cultivates Trust and Safety** | *Coach created a safe, supportive environment that allowed the client to share freely. Maintained a relationship of mutual respect and trust.* |  |
| **3*. Maintains Presence*** | *Coach gave full attention and presence with the client, in a style that was open, flexible, grounded and confident.* |  |
| ***4. Listens Actively*** | *Coach gave full attention to the words, nuances, and the unspoken meaning of the client's communication; coach is deeply aware of the client concerns and the source of the issue, by listening beyond*  *what the client is able to articulate.* |  |
| ***5. Ask Powerful Questions*** | *Coach asks probing, challenging questions to uncover client’s hopes and dreams; offers observations at different levels.* |  |
| ***8. Accountability*** | *Coach partners with client to design Action Plan, Next Steps, Follow-up* |  |

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| **Overall Feedback & Comments** |
| **Strengths:** |
| **Enhancements:** |