

Name	David Cox
Title	Certified Professional Coach
Company	Professional Coaching and Consulting Services, LLC
Primary Coaching Location	Washington DC Metropolitan Area
Time Zone/Preferred Time of Day	Eastern Standard Time/Flexible
Educational Background	Master's in Education, American University (AU) Master's Certificate, Public Policy Administration (AU)

David Cox is a Certified Professional Coach with Professional Coaching and Consulting Services, LLC in the Washington, D.C. Metropolitan Area. Prior to his current role, Mr. Cox retired from Federal Service after serving in various management and leadership roles within the Department of Homeland Security. David is a former educator with over 40 years of experience in education, information security, and disaster recovery/business continuity within public, commercial and federal sectors.

Before his Federal Service, David was Owner and Principal Consultant for Prosperity Consulting, LLC, accountable for the overall management of the company operations, including business development, cost analysis and revenue projections, proposal development and contracting agreements. Additionally, as an Information Technology (IT) security and disaster recovery consultant, David accomplished strategic and operational IT security goals by ensuring the effective interaction and integration of processes; delegating and managing multiple tasks; and planning and organizing resources, people, and activities efficiently to achieve agency goals.

David is a graduate of the American University's Key Executive Leadership Program linked to the Office of Personnel Management Executive Core Qualifications, in which he brings a wealth of knowledge in leading change, leading people, driving results, business acumen, and building coalitions to the Coaching program.

As a Leadership Coach, Mr. Cox embodies a Coaching Mindset. One that is open, curious, flexible and client centered. He partners with the client to create a safe, supportive environment that allows the client to share freely, maintaining a relationship of mutual respect and trust by showing support, empathy, and concern. Mr. Cox demonstrates curiosity during the coaching conversation and is confident in working with strong client emotions during the coaching process.

David served as the initial Chairman for the Office of the Chief Information Officer (OCIO) Employee Advisory Board, formed to work with OCIO management to improve the culture and dynamics within the OCIO. For fun, Mr. Cox enjoys music and is a member of the SBC Men's Chorus that performs monthly in the Northern Virginia area.

*As a Leadership Coach, Mr. Cox received 120 hours of in-depth coaching training through The American School of Professional Coaching (ASPC), an International Coaching Federation (ICF) Accredited Coach Training Program. The ASPC program is a rigorous certification program that instructs participants in how to provide professional-level coaching services to clients. The program focuses on ICF guidelines and requirements. Participation in the ASPC program means that their graduates are prepared to apply to become an ICF Associate Certified Coach (ACC).*